

Издатель: ООО «Современное
сестринское дело»

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This is the slogan of this year's International Nurses Day. On May 12, the birth anniversary of the legendary Florence Nightingale, we celebrate the professional holiday of all nurses around the globe whose tireless efforts save lives and provide high-quality and affordable healthcare to communities worldwide.

LABOUR UNIONS**Union and Health Discuss Social Payments to Medics**

Government Resolution No. 2658 of 31 December 2022 was the central topic of a meeting between Deputy Minister of Health Tatiana Semyonova and territorial health authorities. The meeting, attended by Anatoly Domnikov, Chairman of the Union of Health Workers, discussed measures for providing social support to healthcare workers.

EVENTS**Congress of Paediatricians of Russia: Current Issues in Paediatrics**

On March 3-5, Moscow hosted the 24th Congress of Paediatricians of Russia "Current Issues in Paediatrics" to mark the 150th anniversary of Professor Speransky. The congress incorporated a series of related events, such as the All-Russia Vaccination Assembly "Protecting Generations," the Third All-Russia Conference with international participation "Priorities and Objectives of Social Paediatrics," the Third Forum for Patients' Parents, the 13th Forum of Paediatric Nurses, and more.

MANAGERIAL SOLUTIONS**Senior Nurse School: How to Manage Improvement**

As part of the program for the Second All-Russia Conference "Professional Development of Healthcare Workers: Pathway to the Nation's Health," the School of Senior Nurses held a session that focused on healthcare quality and safety control, as well as lean approaches to nursing care.

Managing Human Resources as a Key Aspect of Nursing Care Quality

The responsibilities of a chief nurse encompass various aspects, all of which are important in improving the quality of nursing care. However, the challenges surrounding the adaptation of young specialists, professional development of experienced personnel, and recruitment and retention of staff are particularly relevant today.

NEWS FROM HEALTH WORKER ORGANISATIONS UNION

This column is about the work of Russia's largest professional association of nurses. Established in 2015, the Union of Health Worker Organisations brings together 170,000 healthcare practitioners from 35 professional associations.

Open Door Day at Sverdlovsk Regional Medical College

In late March, during the spring break, Sverdlovsk Regional Medical College welcomed secondary school students and their parents to visit the campus. Over 330 prospective applicants from numerous cities in the Urals visited this largest educational complex in Russia.

Bashkortostan Raises Awareness on World Glaucoma Day

According to the World Health Organization's estimates, glaucoma affects one in every 200 individuals aged 40 and one in eight people aged over 80 worldwide. 50% of people with this disease are unaware of it as it is asymptomatic in the early stages. On the World Glaucoma Day observed on March 6, City Hospital No. 1 in Oktyabrsky, Republic of Bashkortostan, hosted a seminar for healthcare personnel "All You Need to Know about Glaucoma."

The Decade of Childhood: Educational Forum Held in Yekaterinburg

Yekaterinburg hosted the Third Educational Online Forum "Motor Activity for Preventing Non-communicable Diseases" for feldshers and paediatric nurses practicing in the Ural Region.

Role of Nurses in Providing Cancer Care

A conference focused on the role of oncology nurses was held in Samara. The conference highlights included the admission process for workers with secondary medical education, methods for delivering health education to the public, common mistakes in oncology nursing practice, and rehabilitation methods suitable for cancer patients.

Partnerships among Regions: Current Trend in Nursing Service

A conference in Ulan-Ude covered various topics including current trends in nursing care delivery, strategies for facilitating professional development, recent changes in regulatory documents regarding the use of narcotic and psychotropic drugs, and more.

RUSSIAN REGIONS**Nurses of Transbaikalia: We Continue to Learn, Share Best Practices, and Win!**

Each year, a delegation of nurses from Transbaikalia attends the Congress of Paediatricians of Russia and the Forum of Paediatric Nurses, and 2023 was no exception.

PROFESSIONAL TRAINING**Educational Value of Extracurricular Activities in Training Healthcare Workers**

The name of folk singer Maria Mordasova honoured as a People's Artist of the USSR is well-known in Russia and worldwide. Born in the Tambov Province, she lived in Voronezh for many years. Her former home located in the centre of Voronezh, the capital of Russia's Black Soil region, is now a museum. Visiting this museum as part of extracurricular activities has become a great tradition among students at Voronezh Base Medical College.

SESTRICHKA

Read to learn about ways to develop resilience, rules for saving smart, best exercises for shapely arms and shoulders, and the principles of mindful eating.

CONTINUING TRAINING**Guidelines for Interacting with Patients Having Mental Disorders**

Some of the patients who are urgently or routinely admitted to general hospitals may have mental disorders. This article provides guidance for nurses on how to interact with such patients, including a set of rules to follow.

SHARING EXPERIENCE**Carer School: A Groundbreaking Tool for Delivering Long-term Care**

This article discusses an innovative approach that aims to support family caregivers of individuals with limited mobility due to old age or disability.

Public Health Education Delivered by Healthcare Provider in Samara Region

Since 2003, the Samara Regional Cancer Clinic runs a department tasked with health promotion and cancer prevention. Its main objective is to reduce the incidence and mortality rates of malignancies among the population of the region.

HAI PREVENTION**Epidemiological Safety When Performing Non-sterile Endoscopic Interventions: Regulatory Update**

In late 2022, new guidelines (MU 3.13798-22) were published with the aim of ensuring epidemiological safety during non-sterile endoscopic interventions on the gastrointestinal and respiratory tracts. This article highlights the new rules that require special attention.