

Издатель: ООО «Современное
сестринское дело»

Редакционный совет:

И.С. БАХТИНА, директор
Санкт-Петербургского центра
последипломного образования
работников со средним медицинским
и фармацевтическим образованием
ФМБА России

В.А. ВИШНЯКОВА, президент
Забайкальской региональной общественной
организации «Профессиональные
медицинские специалисты»,
вице-президент Союза профессиональных
медицинских организаций

Н.Н. КОСАРЕВА, президент
Самарской региональной организации
медицинских сестер, член правления
Союза профессиональных медицинских
организаций

И.А. ЛЕВИНА, президент Союза
профессиональных медицинских
организаций, главный внештатный
специалист по управлению сестринской
деятельностью Минздрава РФ в
УрФО, директор Свердловского
областного медицинского колледжа

О.В. ЛОГВИНОВА, заместитель
главного врача по работе со средним
медицинским персоналом Станции
скорой и неотложной медицинской
помощи им. А.С. Пучкова Департамента
здравоохранения города Москвы

Г.М. ПОДОПРИГОРА, президент
ПРОО медицинских работников
Санкт-Петербурга, доцент кафедры
гериатрии, пропедевтики и управления
в сестринской деятельности Северо-
Западного государственного медицинского
университета им. И.И. Мечникова

И.В. ТАРАСОВА, врач-методист
ГБУЗ ДЗМ «СС и НМП
им. А.С. Пучкова», преподаватель высшей
квалификационной категории

СОДЕРЖАНИЕ:

ОТ РЕДАКЦИИ

В ожидании водяного Тигра..... 3

СОБЫТИЯ

Образование и практика медсестры — перспективы,
проблемы, новации..... 4-5, 21-24

ПРОФСОЮЗНАЯ ТЕМА

Страхование медработников на рабочих местах необходимо... 6-8

УПРАВЛЕНЧЕСКИЕ РЕШЕНИЯ

Изменение компетенций старшей медицинской сестры
в XXI веке 9-12

ВЕСТИ СОЮЗА МЕДИЦИНСКИХ ПРОФЕССИОНАЛЬНЫХ ОРГАНИЗАЦИЙ

Проект # ДоброВСело становится масштабнее 13-14
В Свердловской области выбрали лучшую медицинскую
сестру..... 14
Молодежь за здоровый образ жизни 15-17
Гериатрическая помощь сегодня..... 18-20
Образование без границ..... 18

ПРОФЕССИОНАЛЬНАЯ ПОДГОТОВКА

Международный саммит медсестер: образование —
путь к успеху..... 25-27

РЕГИОНЫ РОССИИ

Сестринское дело в гериатрии: повышение квалификации 28-29

ВЕЧНАЯ ПАМЯТЬ

Спасибо паровозным машинистам, всем сестрам,
санитарам и врачам 30-32

СЕСТРИЧКА 33-36

СЕСТРИНСКОЕ ДЕЛО В ГЕРИАТРИИ

Сестринский уход за пожилыми больными:
современный подход..... 37-40

ПРОФИЛАКТИКА ИСМП

Особенности организации противоэпидемических
мероприятий в детских противотуберкулезных
стационарах в условиях пандемии COVID-19 41-43

НА ЗАМЕТКУ МЕДСЕСТРЕ

Иммунитет после COVID-19 44-48

ИЗДАТЕЛЬ: ООО
«Современное сестринское дело»

ГЛАВНЫЙ РЕДАКТОР
Наталина КРУШИНСКАЯ

РЕДАКЦИЯ

Ответственный секретарь

Ирина ФЕТИЩЕВА

Обозреватели

Ирина МЫЛЬНИКОВА

Елизавета КЛИППЕЛЬ

Корреспондент

Дмитрий КУБРАКОВ

Технический редактор

Елена СОЛНЦЕВА

Корректор

Анна РЯБОВА

КОММЕРЧЕСКИЙ ДИРЕКТОР

Светлана СПОДОБЕЦ

ОТДЕЛ РЕКЛАМЫ

Тамара КАШПОРОВА

ОТДЕЛ МАРКЕТИНГА

Людмила ДАГАЕВА

СЕКРЕТАРИАТ

Евгения БЫСТРОВА

Адрес и телефоны редакции:
127254, Москва,
ул. Добролюбова, д. 21А, корп. Б
Тел./факс: (495) 664-20-42

Телефоны отдела маркетинга:
8-916-031-02-83,
8-916-930-11-29

Адрес для писем:
127254, Москва, а/я 59

E-mail: s_delo@inbox.ru
Наш сайт: www.s-delo.com

За содержание рекламных материалов редакция ответственности не несет

EDITORIAL Waiting for the Water Tiger

EVENTS

Nurse Training and Practice: Outlook, Challenges and Innovation

An all-Russian conference held on 7-9 October in Samara to discuss innovation in nursing practice and prospects for medical education was met with great interest by the nursing community.

LABOUR UNIONS

Workplace Insurance for Healthcare Workers Urgently Needed

Russian healthcare workers need a system of legal protection and workplace insurance. More than a decade ago, the National Medical Chamber proposed creating a system where insurance companies, rather than the healthcare practitioners, would handle adverse situations arising from medical practice, but this proposal has not yet received support from the state.

MANAGEMENT SOLUTIONS

Senior Nurses' Evolving Competence Requirements in the 21st Century

In today's rapidly changing world, novel approaches are needed in various spheres to deal with emerging new challenges, and healthcare is no exception. Nurse administrators today require new competencies which have not yet found their way to nurses' formal job descriptions but can make everyday work increasingly difficult where these competences are lacking.

NEWS FROM HEALTH WORKER ORGANISATIONS UNION

This column is about the work of Russia's largest professional association of nurses. Established in 2015, the Union of Health Worker Organizations brings together 170,000 medics from 35 professional associations.

#DobroVSelo Rural Healthcare Project Gaining Momentum

A medical team equipped with a mobile first-aid station and diagnostic systems, including fluorography, mammography, ophthalmological and other devices, travelled to villages in the Nizhneserginsky district of Sverdlovsk region to provide health checkups as part of the #DobroVSelo project.

Best Nurse Awarded in Sverdlovsk Regional Contest

A competition hosted by a regional medical college brought together nurses employed with health promotion and disease prevention centers for adults and from district clinics.

Youth for Healthy Lifestyles

On 30 September 2021, the Thirteenth Ural Congress for Healthy Lifestyles was held online. This annual event aims to showcase and document the learning and best practices of governmental and non-governmental services and academic institutions in promoting public health.

Geriatric Care Today

On 13 October 2021, St. Petersburg hosted the conference «Geriatric Care Today» to discuss the principles of planning, standardization and quality assessment of geriatric nursing care.

Education Without Borders

Donetsk Medical College and Tobolsk Medical College named after Soldatov signed an agreement on international academic cooperation to share best teaching practices and to create a favorable environment allowing both teachers and students to develop and use their full potential.

VOCATIONAL TRAINING

Nursing Summit: Education is Way to Success

The autumn session of the Seventh International Nursing Summit was held on 26-29 October to discuss nursing and obstetric practices, laboratory diagnostics, guidelines for surgical block safety, and current approaches to nursing care in nephrology and oncology.

RUSSIAN REGIONS

Nursing in Geriatrics: Continuing Education

The heads of nursing services with healthcare facilities and social institutions of Transbaikalia share their impressions of the «Geriatric Care Today» conference held in St. Petersburg.

EVERLASTING MEMORY

«Thanks to the train drivers and to all nurses, orderlies and doctors!»

Together with our regular contributor, physician and teacher Inna TARASOVA, we look back at how healthcare was delivered to wounded and sick servicemen during WWII in Russia.

SESTRICHKA

Read to learn about the personal qualities which accompany success, about some of the key rules followed by all good cooks, and about using blush correctly to create the highly popular draping makeup.

NURSING IN GERIATRICS

Nursing Care for Older Persons: Modern Approach

In the lead-up to the International Day of Older Persons, Moscow hosted the annual international conference «Elderly Patient: Quality of Life» to discuss various clinical aspects of geriatrics including cardiology, pulmonology, gastroenterology, oncology, and others.

PREVENTION OF HEALTHCARE-ASSOCIATED INFECTIONS

Measures to Counter COVID-19 in Inpatient TB Facilities for Children

While it is believed that children are less likely than adults to experience severe illness from the coronavirus infection, infection control measures are still required in places where groups of children come together, which is especially true of pediatric TB hospitals.

USEFUL KNOWLEDGE FOR NURSES

Immunity after COVID-19

With the COVID-19 incidence on the rise in children, many parents are concerned about steps they can take to restore their child's immune system after the illness or to strengthen it to keep the child from getting sick. Pediatrician Natalia ARTEMENKOVA offers some advice.