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INTERNATIONAL ASSOCIATION
OF GERONTOLOGY AND GERIATRICS

VI EUROPEAN CONGRESS

5–8 JULY, 2007 • SAINT PETERSBURG, RUSSIA

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**INTERNATIONAL ASSOCIATION
OF GERONTOLOGY AND GERIATRICS**

VI EUROPEAN CONGRESS

HEALTHY AND ACTIVE AGEING FOR ALL EUROPEANS

In the framework of the United Nations Research Agenda on Ageing
for the 21st Century

**July 5–8, 2007
Saint Petersburg, Russia**

Organized by the Gerontological Society
of the Russian Academy of Sciences on behalf of the European Region
International Association of Gerontology and Geriatrics



Head Institution: Saint Petersburg Institute of Bioregulation and
Gerontology of the North-Western Branch of the Russian Academy
of Medical Sciences



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WELCOME



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Message of the UN Programme on Ageing to the Participants of the Sixth European Congress of the International Association of Gerontology and Geriatrics

The United Nations Programme on Ageing is proud to be associated with the Sixth European Congress of the International Association of Gerontology and Geriatrics.

We see the theme of the Congress, Healthy and Active Ageing for all Europeans, as an extension of the central goal of international action on ageing in the twenty-first century: to respond to the opportunities and challenges of population ageing and to promote the development of a society for all ages. This goal was formulated by the representatives of one hundred fifty-five governments that participated in the Second World Assembly on Ageing in 2002 in Spain, and adopted the Madrid International Plan of Action on Ageing.

To support the implementation of the Madrid Plan of Action, the UN Programme on Ageing and the International Association of Gerontology and Geriatrics developed the Research Agenda on Ageing for the Twenty-First Century. The Research Agenda identifies priorities for policy related research and data collection. Simultaneously, it encourages researchers to pursue studies in policy related areas of ageing where the findings may have practical and realistic applications. It is therefore very pertinent that the Sixth European Congress of the International Association of Gerontology and Geriatrics is organized within the framework of the Research Agenda on Ageing.

The European experience on ageing is unique. While global ageing is occurring primarily in developing countries, Europe is and will be in the foreseeable future the oldest continent of our planet. As Europe led the world into the era of population ageing, it can also show the wisdom in dealing with its opportunities and challenges. This Congress will certainly help to advance the understanding of basic mechanisms of population and individual ageing. It is also expected to empower all interested parties with evidence for action on behalf of older persons in Europe. While exploring the various dimensions of European ageing, we must not forget about the older Europeans living beyond Europe of the privileged 27 member states of the European Union. The demographic situation in several post-Soviet countries is rightly identified as critical. The international research community has to mobilize its resources in order to find solutions to problems of accelerated ageing and depopulation in the Eurasian transitional countries.

It is very symbolic that our Congress is taking place in St. Petersburg — a «northern capital» of Russia, a world renowned cultural and scientific centre. Since its very establishment more than three hundred years ago St. Petersburg has been called by Russians «a window into Europe». Let us keep this window open wide.

On behalf of the United Nations Programme on Ageing —

Alexandre Sidorenko
UN Focal Point on Ageing