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сестринское дело»**

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EDITORIAL

The role of professional associations in the development of healthcare

LABOR UNIONS

Intellect Forum in Sochi: How to Increase Union Membership

On October 12-13, Sochi hosted the Fifth All-Russian Intellect Forum "Trade Unions of the 21st Century: Reload." The Russian Health Workers' Union, as a co-organizer of the event, held a symposium focusing on new approaches to increasing membership and enhancing member communication.

PROFESSIONAL DEVELOPMENT

Elderly Patient: Specific Aspects of Treatment and Care

The 28th International Conference "Elderly Patient: Quality of Life" held in Moscow in early October was attended by more than 1,500 specialists from Russian regions and foreign countries. The conference featured over 200 speakers and 20 thematic breakout sections, including one on "Nursing Care for Elderly Patients."

MANAGERIAL SOLUTIONS

How to Get Fewer Complaints: Advice to Chief Nurse

Transitioning to a patient-centered healthcare model places high demands on medical workers' communication skills. Nevertheless, research shows that communication challenges are a common experience for all nurses, underscoring the imperative to provide medical professionals with training in communication skills and enhance their psychological and pedagogical competencies.

REGIONS OF RUSSIA

Ten Thousand Steps to Health

Employees of City Hospital No. 1 in Oktyabrsky, Bashkortostan, joined the countrywide campaign "Ten Thousand Steps to Life" to mark World Heart Day and All-Russian Walking Day.

Health Promotion in Rural Areas

Healthcare professionals from Yekaterinburg, students at Sverdlovsk Regional Medical College, and volunteers of the Russian Red Cross conducted a large-scale health screening campaign and health education workshops for 200 residents of remote territories in the east of Sverdlovsk Region.

NEWS OF THE HEALTHCARE PROFESSIONAL ORGANIZATIONS UNION

This column is about the work of Russia's largest professional association of nurses. Established in 2015, the Union of Health Worker Organizations (UHWO) brings together more than 170,000 healthcare practitioners from 35 professional associations.

Professional Competencies of Nurses in Child and Adolescent Healthcare

On September 14, Ufa hosted a regional conference that centered on the performance of nurses, feldshers, and midwives in the realm of child and adolescent health.

Role of Professional Organization in Providing Continuing Training for Nurses

A report on the efforts of Professional Medical Specialists, an organization comprising healthcare professionals from Transbaikalia, in pursuit of one of its core objectives: to promote the ongoing professional development of healthcare practitioners in alignment with their individual aspirations and the public health requirements of the region.

Adequate Vision Correction Improves Quality of Life

On September 20, Nizhny Novgorod hosted a conference attended by optometrists and ophthalmologists, with a primary focus on cutting-edge techniques for the prevention and correction of vision impairments.

PROFESSIONAL TRAINING

Promoting Healthy Future in the Heart of Siberia

The academic year in Tobolsk commenced with a significant event for the Tyumen region, marked by the inauguration of the "Clinical and Preventive Medicine" educational cluster as part of the Federal Project "Professionalism." The Volodya Soldatov Medical College in Tobolsk serves as the core of the cluster. Interdisciplinary Student Conference "Coronavirus Infection as Biological Threat"

The educational environment in a college can be broadly divided into two categories: classroom activities and extracurricular activities. Although the latter is typically regarded as secondary, it nonetheless provides ample opportunities for nurturing students' intellectual and creative capabilities and fostering their motivation to learn.

SHARING EXPERIENCE

Patient Education in Hospital Setting after Acute Cerebrovascular Accident

Lessons learned from setting up and running patient schools in a hospital setting for those who have suffered acute CVA and their families in Transbaikalia.

Components of Workplace Adaptation for Medical Personnel at City Perinatal Center

To improve staff recruitment and retention, the City Perinatal Center in Ulan-Ude has implemented a phased system of workplace adaptation, which has demonstrated good results. The project ranks third in the republic-wide contest "Best Mentoring Practices in the Republic of Buryatia."

SESTRICHKA

Read on to learn how to maintain a positive attitude, high energy, and confidence as an adult; ways to use music to boost one's intelligence and overall health; and a series of effective exercises for strengthening the gluteal muscles.

NURSING IN ONCOLOGY

International Forum of Oncology and Radiotherapy: Healthcare Safety Challenges

In mid-September, Moscow hosted the Sixth International Forum of Oncology and Radiotherapy FOR LIFE. More than 3,000 participants from 82 regions of Russia and 21 foreign countries discussed the latest achievements in the treatment of oncological diseases. A symposium for nurses focusing on the safety of healthcare was held as part of the Forum.